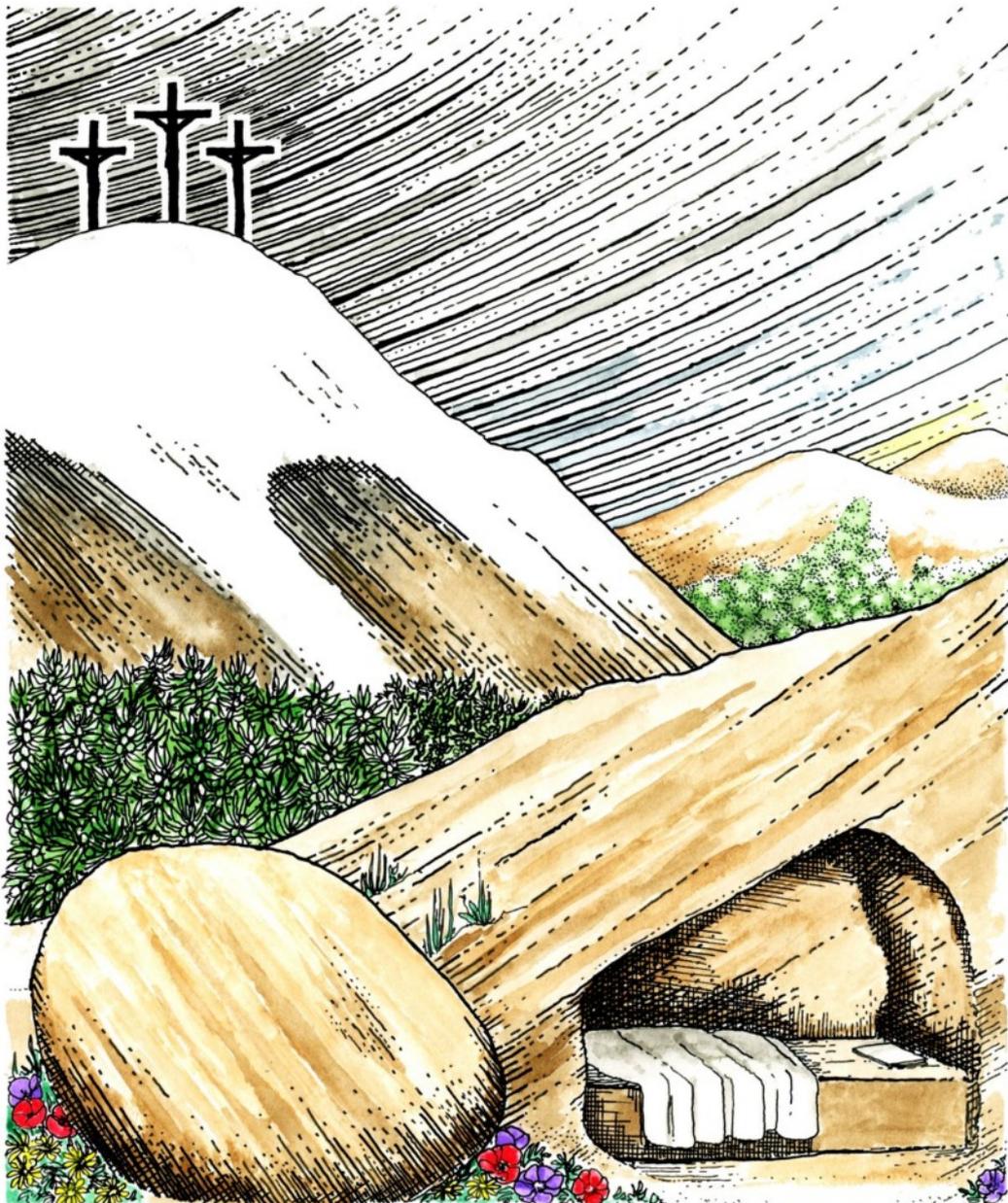


CONNECT

EASTER 2016



SOUTHGATE
church



SOUTHGATE CHURCH

Caie Walk, Bury St Edmunds, IP33 2PJ Tel: 01284 703705

E:office@southgatechurch.org.uk www.southgatechurch.org.uk

Twitter@SOUTHGATECHURCH (please use a Zero instead of the letter O)

Leadership Team

Minister

Revd Peter Gibson Tel: 01284 725577
peter.gibson@southgatechurch.org.uk

Helen Moore:

helen.moore@southgatechurch.org.uk

Liz Huddlestone:

liz.huddlestone@southgatechurch.org.uk

Family & Community Worker

Alison Burgess Tel:07940 247038
alison.burgess@southgatechurch.org.uk

Administrator

Jackie Tooley Tel: 01284 703705
office@southgatechurch.org.uk

Treasurer

Peter Maddock Tel: 01284 760085
peter.maddock@southgatechurch.org.uk

Connect Editorial Team

Fay Jones & Linda Lancaster
faycjones@tesco.net
lindalaurel65@gmail.com

REGULAR WEEKLY ACTIVITIES

Sunday	9.45am	Prayer Meeting
	10.30am	Family Worship (Creche available) Children's Sunday Club
	6.30pm	Evening service (1 st Sunday)
Monday	10.00am	CoffeeStop
	7.00pm	Liquid (13-16s)
Wednesday	9.00am	SPOTS (Parents & Toddlers)
	3.15pm	Wednesday Gang (Primary School children)
	7.30pm	Prayer House (alternating with House Groups)
Thursday	9.15am	Holy Communion Service
	2.30pm	Friendship Club (over 55's 1 st & 3 rd Thursdays)
	7.00pm	Youth Club (Middle School children)
	7.45pm	Thursday Club (Ladies Group 2 nd Thursday)

Children's mid-week groups run during term time only. See weekly notice sheet for details of all services and activities.

Registered Charity No: 115737

CONNECT *The Magazine of*



I'm sure we have all seen the change to our church logo. What do logo's seek to do, what are they conveying? Well I think they try and say something about the life and work of the organisation, in this case our church.

Please allow me to share some views (some of these have been shared by people in the church as they have looked at the logo), no doubt you will have others.

There is a golden crown. God is supreme and 'Jesus is the radiance of God's glory and the exact representation of his being' (Heb 1: 3) We have a holy and royal King.

The crown reminds us of this.

In the centre of the crown is a cross. We are who we are because of Jesus death on the cross that first Easter. It was here that our sins were forgiven.

Joining the crown and the cross, we realise the extent of God's love for us and what Jesus went through to forgive us.

There is a gap in the cross. This is for you and me to stand in. It is a place of refuge, a holy place. It reminds us of the story of God hiding Moses in the cleft of a rock.

Jesus wants to protect us in the same way.

The gap is the crown, and reminds us that when Jesus was on the cross, just before he died, he said 'It is finished' and then the veil of the temple was torn in two from the top to the bottom. This is a picture of access into the presence of God himself, because of Jesus.

The parts of the crown are not all the same, yet together they form something of beauty. We are not all the same, but as we are joined together in the love and ministry of Jesus, we become something of beauty.

How good and pleasant it is when brothers live together in unity! Ps 133:1

So, there are a number of views as to the meaning of the logo. Maybe you haven't seen these, maybe you have different ones. How do you sense God speaking to you through a simple symbol?

May we be constantly open to the voice of God and how he illuminates our hearts and minds.

We have here the message of Easter Love, and the unity of the church as well as the security which is ours in Christ Jesus.

May God bless us and use us all for the coming of his Kingdom

Your friend and pastor, Peter

NEWS FROM OUR FAMILY & COMMUNITY WORKER



Youth Club recently went to Nowton Park for one of Kelvin's infamous night walk adventures! It was great fun stashing our snacks away under a tree before venturing into the wonders of the park in the dark. We had great fun and can't wait for our next trip...to the Fire Station.

The 40 Acts generosity challenge has been a great way to 'give out' rather than 'give up' this Lent.

Do let us know if you've taken part.

It would be great to hear your stories.



GOODBYE TIM AND BERYL!



Wednesday Gang waved goodbye to Tim and Beryl in February. Tim and Beryl have been great helpers at Wednesday Gang for years... getting alongside the children playing games and making crafts! We'll all miss them very much

but we pray that they'll really enjoy their new home in Felixstowe and soon make lots of new friends.

Alison Burgess

"FORGIVEN
The Amish School Shooting,
A Mother's love
and a Story of Remarkable Grace", by Terri Roberts

In October 2006, a gunman entered an Amish one-room schoolhouse in Lancaster County, Pennsylvania, USA, shooting ten girls, killing five, then finally taking his own life. This book is his mother's story. Part of a loving Christian family, not only did she lose her precious son, but she also lost her understanding of him as an honourable man. It was a trauma no one should have to face. But the biggest headlines came when her Amish neighbours, including the families of the murdered girls, did the unimaginable, reaching out to the family of the gunman with comfort and forgiveness. 'How can mercy be extended for such a crime?' and 'How can you simply forgive, once and for all?' – were some of the questions asked at the time. The families of the girls who died, together with those who were gravely wounded, shared that theirs was not merely a one-time offering of forgiveness, but they had purposely *chosen* to forgive daily, and in some cases hour by hour. Terri Roberts' journey to wholeness is a striking testimony to the power of this amazing forgiveness. Shattered emotionally by her son's crime, she realised that she, too, must forgive him. Honestly written by brave and brokenhearted mother, this book may surprise you. But be warned, you won't be able to put it down once you start reading!

This riveting account will present you with an enduring hope that can only come from the loving hand of our heavenly Father. By reading Terri's story, you will be drawn to embrace fully the miracle and blessing of forgiveness.

A copy will be placed in the Church library.

Bob Jones

Terri Roberts is currently coping with a personal diagnosis of terminal cancer. Her blog at www.joythroughadversity.com is truly uplifting. Pray for her!

FAREWELL FROM TIM AND BERYL

We've been at Southgate for over 30 years and for the most part have really enjoyed our time here. With some fantastic teaching from ministers and preachers, we have so many memories and highlights but we have especially enjoyed the friendship and support of so many friends – thank you all. But in particular, Doreen and Roger who brought us to Southgate and who have stuck with us through thick and thin. We remember early times here following the sudden death of Beryl's mother, the first Mr Men holiday club, followed up each year since, the many musicals written with Doreen and performed at Thurston and at the Theatre Royal – allowing Tim to dress up and have fun. A highlight was the first panto for the local community which raised £1000 for the Centre – with Dave Simms in a costume, and Alan Brady and Frank Scammell as the Ugly Sisters. A standout was the record made with Bill Wyman of the Rolling Stones with all the attendant media coverage and the excitement of meeting a hero. We enjoyed the double decker bus strips to Lowestoft with Joel and his spare tyre – that's an inflated inner tube not a personal comment! One of the spin-offs of early holiday clubs was the creation of Rain & Bow, the clowns who performed for around 20 years in aid of Tearfund; there was also the drama group who performed here and at local churches and venues.

We reflect back on our many good friends who have shared time with us, especially those who have subsequently passed away to be with their Lord. You've been in our joys and sorrows, supported us in our fostering role over the past 17 years with word of encouragement, meals, flowers, cakes and many acts of random kindness like bars of chocolate for Christian Aid collecting. We have been blessed by our involvement with children's and young people's work, brilliantly headed up by Alison in her role of Family and Community Worker. Carry on supporting her! We loved the 16+ group we ran with Doreen and Roger which was challenging and fun.

Wednesday Gang continues to be such a positive club, and we have valued our involvement with Sunday school and the Special Needs Group. Beryl was a member of the Working Group, as was Tim and later Church Council. This came to an end when he took on the role of Trustee, and for the last three years, Chair of the SCP, as the Church partnered the local community in taking on the ownership and management of the Centre. The organisation could not do without the support of the Church and Jackie does a splendid job in wearing two hats - a difficult trick to pull off successfully. Your support of the recent two fun days and the two panto was fantastic too.

We think back with fondness to the Millennium party and the two midwives – Alan and Frank taking the mickey out of members of the congregation. We have enjoyed so much the years of Sizewell weekends, and the groups led by Stuart and Hazel to the Skeggy Spring Harvests. And there is also: Open the Book, puppets, chairs – so many chairs, house groups, Craft Club and so on and so on....

Beryl and I just want to say 'Thank You' for being you – for your love and friendship, prayers and the impact you have had on our lives. You are each valued and loved by Jesus. We are continuing our journey just down the A14, so call in for a cuppa (other beverages also available) when your down on the East Coast Riviera, aka Felixstowe.

Much love and prayers, Tim and Beryl

The LORD is my strength and my shield; my heart trusts in Him, and He helps me. My heart leaps for joy, and with my song I praise him.

Psalm 28.v7

When Terror rattles the bars

...You have been a strength to the poor, a strength to the needy in his distress, a refuge from the storm, a shade from the heat; for the blast of the terrible ones is as a storm against the wall (Isaiah 25:4 NKJV)

Right up to the Jihadists of today, the tides of history show up the astonishing inability of violent power-mad men to learn from the past. 'Only with guns,' wrote Chairman Mao, 'can the whole world be transformed' (Mao's Thoughts, page 61). The Jihadists too have fallen to the lie - oblivious to posterity's verdict that resorting to violence to win your case is a candid admission that you have already lost the argument.

In Isaiah's time it was the Assyrians. Their supreme weapon was Terror; inspired by their distorted religious beliefs. By enslavement and exile, butchery, mutilations and beheadings, their aim was universal domination. Yet, despite the 'blast' threatened by their unremitting violence, the prophet predicted that this would eventually come to nothing as against 'the wall' that represented the stronghold of God's rule.

And so it proved. Assyria's capital fortress-city of Nineveh was taken in August 612 BC, by a coalition of Babylonians and Medes. The vivid Bible book of Nahum prophesied its downfall in amazing detail, as was confirmed later by 19th century archaeologists. Nahum foresaw the coming disaster as the judgment of God, in the words "I will leave you no prey on the earth." For centuries to come, all that was left of Nineveh was a mound - Tell Kunyunjik - 'The mound of many sheep.'

Its later name was Mosul - a modern city which today's Jihadists have battled to make their own. Their weapon is the gun. The greater weapon by far is prayer by God's people to Christ, the long-prophesied Man of destiny. The New King James Version gives us the true reading of Isaiah 32:2 in the words, 'A man will be as a hiding place from the wind, and a covert from the tempest as the shadow of a great rock in a weary land.'

'It is prayer,' wrote Jaques Ellul, 'and prayer alone, that can make history'.

Richard Bewes

Malawi - Faith in Action



By the time you are reading this, we hope to have news on whether the people of The Plains, the very people we serve, will have been able to have used replacement of Masika Maze seed in the ground, ready to produce a harvest. Last November, the rains started and seed sown. But then the rains stopped and eventually the crop withered and died. Although the situation is so very difficult, I suppose it is not unusual from the history over the last few years and especially when we recall the terrible flooding they experienced at the start of 2015. So February is always a special month to pray about. As time was not on our side, we sent a donation ahead, in the hope of a response from the Fellowship.

If we have missed the window, the finance will be held over for the need of basic food. Our people are farmers, eating what they grow and store during the year. I am reminded that rain does not fall for around 8 months of the year, so the harvest is so essential to Malawi.

Lameck's operation to remove the growth around his brain has now taken place successfully in South Africa. (South Africa and Mozambique are also experiencing drought conditions).

Our grateful thanks to all who provided clothes etc for our recent pack and to those who faithfully sort, fold and prepare each item. Without you, we would not be able to provide some "luxury" for our people.

The boxes will be off to the container and onwards to Malawi in the middle of March.

Frank Rumball



Communications - Guidance for articles For Connect

If possible please include items by email between 250 - 400 words **or less.** We would particularly welcome short, personal 'Good News' stories which may help others in their faith journey.

CHRISTIAN AID ADVENT APPEAL

FOR MOSQUITO NETS FOR NIGERIA

We were very lucky to have Dasu Yakubu visit our church on Sunday 22nd November 2015 to tell us about his work in Plateau State North Central Nigeria.

He is employed by the Centre for Gospel Health and Development. His words were inspiring and his explanation that although the Nigerian Government did issue some mosquito nets per household, they were insufficient for the whole family.

It made us realise how extra help was needed to protect the children.

As a result a magnificent sum of £506.01 has been raised by our church.

Our Government will double this sum making a total of £1012.02. In addition gift aid of £86.50 can be added bringing the total to £1098.52. At a cost of £3 each it means we have raised enough to buy 366 nets.

On his return to Nigeria, Dasu sent this letter for everyone who met him.

Christine Dutton:

I arrived home safely yesterday (8 December 2015) at 3pm from Abuja Nigeria.

I wish to appreciate you all for taking the time during my visit to speak, accommodate, offer me tea or coffee, water, tour, informational literature, opportunity to visit and hear what I have to say, taking and collecting me from the station, CA branded bible, making me an international star (electronic and print). Your hospitality and show of kindness humbles me.

After my visit, I have better understanding of the hard work, professionalism, innovation, team work, and love you all have in ensuring a just and equitable world. It was a pleasure for the Centre of Gospel Health and development to be a part of this year's Christmas Appeal.

Thank you for your consideration

Best Regards

Dasu Yakubu'

Southgate Church Text for 2016

Again Jesus said, "Peace be with you/ As the Father has sent me, I am sending you". John 20:21

A Message from Victor Jack, Chair of Trustees for Chaplain in the Workplace:

Dear Friends at Southgate.

I want to acknowledge, on behalf of Chaplain in the Workplace, my sincere thanks for the part your fellowship has played in sponsoring and organising the Graham Kendrick concert at the Apex. This was a wonderful occasion of music and worship, which honoured God and inspired everyone who came. All of us as trustees are truly grateful for the funds which have now been transferred into our account. This is a great encouragement to us all and this large amount will be a means of supporting the Chaplaincy in the coming months. I am thrilled with the work Joel is doing and it is so good to know that he is so well supported by your church.

With grateful thanks from us all.

Victor

*The event raised a total of **£3603.55 for CITW** - £2043.83 from net box office receipts and the remainder from a collection on the night.*

The Healing Power of Love

This photo shows premature newborn twins, one being hugged by her sister.

Hospital policy had been for the twins to be in separate incubators. But at three months premature, the younger twin was dying. Her heart rate would not regulate and her temperature refused to rise to normal.

On intuition, a nurse placed the older twin in her sister's incubator. The older twin immediately, at three months premature, wrapped her arms around her sister in care. Within minutes, the younger twin's heart rate regulated.

Her temperature rose to normal and both twins lived.

"Two hearts that beat as one" is not just a poetic song title . . . it's a scientific fact with implications far beyond what we have yet to manifest in our world. Care counts. Love saves lives. What could it do for our world? And if a premature baby is capable of this, what could we, who are reading these words, accomplish?



Thanks to Frank R for sending in this article .

Reflections

EASTER

The miracle of Easter, so old yet ever new,
brings its special blessing of happiness to
you.

And as the coming Springtime
adds new beauty to each day,
May God look down and bless you
in a very special way.

Author unknown

THAT DAY

That day was a day like never before
As the Saviour died and the darkness grew,
Earth shuddered and rocks were split apart
As the veil of the temple was torn in two.

The centurion who witnessed all these
things,
The earthquake, the One who was nailed to
the wood,
Seeing Him die could only say,
'Surely this man was the Son of God'.

Death was defeated, the stone rolled away -
And man was released from all his bonds,
Christ rose as victor that glorious day.

The Light had pushed the darkness back,
He now stands resplendent for all to see,
Forgiveness, redemption all wrought on the
cross,
The eternal fruits of Calvary.

By Megan Carter

ST GEORGE'S CHURCH

MUSIC

FOR

PASSIONTIDE

With The Mead Singers

Passion Sunday

13th March 2016

3pm

Organist

David Honeyball

Conductor

Michael Phillips

Christ sacrifice life rejoice joy Jesus hope crucifixion SAVIOR
He is RISEN REDEEMER amazing grace LOVE mercy
Studio:RU

ANYONE FOR CAKE?



Many of the teenagers in the church attend King Edward's School. The Christian Union, called CAKE, (Christians at King Edwards), meets every Thursday lunchtime. Sessions vary from a simple social time, to sessions called "Grill a Christian", when pupils have the chance to question someone about their faith. There is always cake on offer, which for some is the main attraction!

Attendance varies, but has been as high as 80+. It's a great chance for young Christians and those interested in faith to socialise and talk about things that matter to them. The group is led by older students, including the current head boy and are supported by Rob Johnson, a science teacher at the school. He also holds weekly Tuesday morning prayer meetings staff and pupils. I asked Mr. Johnson how we could best support him and the pupils; below is part of his email to me.

"Most importantly, the best thing you can do is to pray for the school. I have been meeting now, once a week, for the past 3 years, with a small number of students and staff to pray because I felt it was something that God was calling me to do. It has been really encouraging at times and quite difficult at others when I have been on my own, but CAKE was born out of the prayer meeting and you can never know what is achieved through persistent prayer. "

Prayer points: For staff, students, Governors of the school, and for the spiritual life of the school; that it remains healthy, vibrant and continues to grow. Please pray for CAKE, the 'Grill-a-Christian' events and that God continues to provide leaders for CAKE; there is a real history of great student-led CU groups at KEGS over the past few years. Pray as Jesus prayed: ' Your Kingdom come, your will be done, (in KEGS) as it is in Heaven...' That's my prayer at the moment and I believe we are seeing it and there is much more to come."

Please also join me in praying for Rob Johnson, that he would be encouraged and strengthened in his mission to the pupils, and please do pray for CAKE.

Helen Moore

Dates for your diary

Women's World Day of Prayer

Friday March 4th,

10am service at URC Whiting Street

7.30pm Service, at All Saints Church

Fellowship lunches

28th February

17th April,

when Bishop Martin will be preaching

Easter Activities and Services

Sunday March 6th Mothering Sunday 10.30 am
Together on Sunday service for all the family

Saturday March 19th Southgate's Got Easter 2-4pm
(see poster on back page)

Good Friday at 9.55am

**Come and join us in walking to the Cathedral to
meet with other churches in the area for service at
10.30am.**

Sunday March 27th Easter Sunday 10.30 pm
Morning worship and Sunday Club

Copy deadline for next CONNECT articles- Monday 30th May

The Crucifixion of Jesus

'Of what conceivable significance, for us today, is the death of a Jew in Palestine two thousand years ago?'

The answer is, that on the cross, Jesus dealt with the problem of our sin. Peter writes, 'He himself bore our sins in his body on the tree, so that we might die to sins and live for righteousness; by his wounds you have been healed' (1 Peter 2:24). Jesus died in our place, bore our sins and took our guilt, to pay the full penalty for our sin and to set us free from addiction, fear and ultimately death.

On 31st July 1941 a prisoner escaped from Auschwitz. As a reprisal the Gestapo arbitrarily selected ten men to die in the starvation bunker, including a man called Francis Gajinisdek. He cried out, 'My poor wife and my children. They'll never see me again.' In response an unimpressive looking Polish man stepped forward and said, 'I'm a Catholic priest. I don't have a wife and children and I am willing to die instead of this man.'

Maximilian Kolbe was the name of this priest and he went with the others into the bunker. Remarkably he got the prisoners praying and singing hymns and transformed the atmosphere in the bunker. He was the last person to die and after two weeks he was given a lethal injection and died at the age of 47.

Jesus death was even more amazing than this, because He didn't simply die for one man, but for every individual in the world. If you or I had been the only person in the world, Jesus Christ would still have died in our place. Such Love! 'Hallelujah, what a Saviour'!!

Paul Hardingham

What we can learn from donkeys ?

In Biblical times, donkeys were essential to daily life. They did everything from helping to grind corn, to ploughing, to carrying people, to transporting their belongings. Despite their small frame, donkeys are surprisingly tough. They are content with poor fodder like thistles, and can travel an average of 20 miles a day.

There are two occasions in the Christian calendar where donkeys walk into the picture. At Christmas, Mary travelled the 100 miles from Nazareth to Bethlehem on a donkey. And although a donkey doesn't get a specific mention in the manger story, that same one that transported her was probably there; where else would it have been?

On Palm Sunday Jesus entered Jerusalem riding on a donkey. Jesus deliberately chose this animal rather than a horse. Why? In Bible times, the horse was associated with war, conquest and worldly might. But the donkey was a symbol of peace and humility. Jesus used this animal to show that he had come with the dignity of the king of peace. His entry into the Holy City also fulfilled Zechariah's prophecy concerning the Messiah. Donkeys are hardworking and undemanding. They wait for their master to put them to the work he has chosen for them. And, remarkably, each one bears the mark of the Cross on their backs!

Perhaps that is something we should learn—to wait for Jesus our Master, to be always obedient to him, to serve him with all our hearts, and to bear the mark of his grace in our lives.

Lester Amman

He is not here...

He is risen

Luke 24.v6



OUR FINANCIAL PAGE

SOUTHGATE CHURCH FINANCES AFTER NINE MONTHS

At the end of December, our expenditure amounted to £91,546, and our income was £76,699. Income was made up of:

	£
Regular Giving	£ 39,713
Gift Aid Recovered	£ 11,269
Fellowship Activities	£ 13,679
Other Collections	£ 6,062
Church Groups	£ 2,611
Restricted Gifts	£ 2,725
Other	£ 640



Hence the Church spent £14,847 more than it received in the first nine months of the financial year. It is expected that by the end of the financial year (31 March 2016) this will be around £25,000 as there is always more expenditure in the last quarter.

At 31st December the church had around £68,000 in cash and investments so at the this rate of expenditure we can keep the church running at its current level until around September 2018 at the latest, at which point the church will run out of money unless corrective action is taken well in advance.

Please pray about this situation, and your response to it.

Church Finance Team - Peter Maddock,

Terry Ball, Liz & Bob Huddleston,

Bob Jones. Feb 2016



The Empty Tomb

Early on the first day of the week, while it was still dark, Mary Magdalene went to the tomb and saw that the stone had been removed from the entrance. So she came running to Simon Peter and the other disciple, the one Jesus loved, and said, "They have taken the Lord out of the tomb, and we don't know where they have put him!"

So Peter and the other disciple started for the tomb. Both were running, but the other disciple outran Peter and reached the tomb first. He bent over and looked in at the strips of linen lying there but did not go in. Then Simon Peter came along behind him and went straight into the tomb. He saw the strips of linen lying there, as well as the cloth that had been wrapped around Jesus' head. The cloth was still lying in its place, separate from the linen. Finally the other disciple, who had reached the tomb first, also went inside. He saw and believed. (They still did not understand from Scripture that Jesus had to rise from the dead.) Then the disciples went back to where they were staying.

John 20.1-10



Jesus Appears to Mary Magdalene

Now Mary stood outside the tomb crying. As she wept, she bent over to look into the tomb and saw two angels in white, seated where Jesus' body had been, one at the head and the other at the foot.

They asked her, "Woman, why are you crying?"

"They have taken my Lord away," she said, "and I don't know where they have put him." At this, she turned around and saw Jesus standing there, but she did not realize that it was Jesus.

He asked her, "Woman, why are you crying? Who is it you are looking for?"

Thinking he was the gardener, she said, "Sir, if you have carried him away, tell me where you have put him, and I will get him."

Jesus said to her, "Mary."

She turned toward him and cried out in Aramaic, "Rabboni!" (which means "Teacher").



Jesus said, "Do not hold on to me, for I have not yet ascended to the Father. Go instead to my brothers and tell them, 'I am ascending to my Father and your Father, to my God and your God.'"

Mary Magdalene went to the disciples with the news: "I have seen the Lord!" And she told them that he had said these things to her.

John 20 v 11-18

Mini Resurrection Garden

Easter is just a few weeks away, but as Christians we celebrate it every day!

All you need is:

Terracotta tray and small plant pot (for tomb)

Small pebbles

Grass seed

One small bag of potting soil

Small twigs and Large rock (smaller than a child's fist) from the garden

Glue, and spray water bottle

1. Place mini pot on the tray and add potting soil around it.
2. Pack soil in and on top of the mini pot, forming a small hill.
3. Add pebbles coming from the opening of the "tomb"
4. Place larger rock half covering the tomb
5. Sprinkle grass seed on the soil
6. Glue small twigs to form three crosses (hot glue works best)
7. Stick each cross into the "hill" behind the tomb
8. Spray soil lightly every day with water bottle
9. Watch and wait for new life (grass) to spring forth!

It's a beautiful reminder that He is Risen!



To Make you Smile

Snoring

A clergyman consulted his doctor about his wife's snoring. 'It has to STOP,' he insisted. The doctor was intrigued: 'Does it really bother you that much?' 'Well, it's not just me,' explained the minister. 'She is bothering the whole congregation.'

Beware of these contagious diseases in church

Frontophobia: A morbid fear of the front seats in church. The sufferer is struck by an attack just inside the church door, and collapses in the nearest back seat.

Ear Frequency Destruction: Caused by sitting near the loudspeaker when the minister is singing full volume, off-key, etc, into the microphone.

Sermonic Throat: A dreaded choking caused by the start of the sermon. The sufferer unwraps a sweet very slowly and noisily, which seems to effect a complete cure.

Double Auricular Clearance: A condition due to the simultaneous opening of both ear ducts, which allows sound to enter one ear and leave the other without any absorption thereof. Condition is acute during Bible reading and sermon.

Accelerate Vocal Response: A condition which causes the sufferer to try to sing faster than the organ.

Church Meeting Paralysis: This can strike suddenly, when a post in the church needs filling. A good dose of enthusiasm works wonders with this sad affliction.

Miscellaneous observations on daily life!

A bank is a place that will lend you money if you can prove that you don't need it.

Birthday cake is the only food you can blow on and spit on and still everybody rushes to get a piece.

Coffee: starter fluid for the morning impaired.

Hospitality: making your guests feel like they're at home, even if you wish they were.

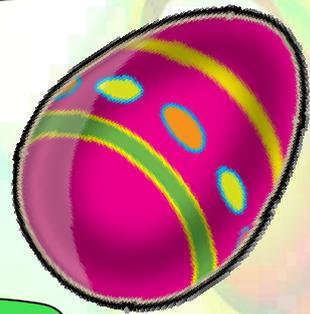
How come, no matter what color bubble bath you use, the bubbles are always white?

I recently decided to sell my vacuum cleaner - all it was doing was gathering dust.





SOUTHGATE'S GOT EASTER



Saturday 19th March

FREE

ALL AGES WELCOME

CRAFTS

**TEA/COFFEE
HOT CROSS BUNS**

**MAKE AN
EASTER NEST**

**OPEN THE BOOK
EASTER STORY**



**EASTER EGG
HUNT**

GAMES